## **Email-Free Friday --- March 19th**

On Friday, March 19<sup>th</sup> the Needham Youth Services is encouraging Needham residents and business to observe "E-mail Free Friday." Instead of receiving and sending e-mails, take a moment to contact personal and business associates in person or by telephone.

In addition, we encourage you to put an automatic away message on your e-mail stating the following:

"I will not be looking at or replying to emails today as part of Needham Unplugged --- learn more about this program at www.needhamma.gov/youth/unplugged.

Instead of e-mailing me, please don't hesitate to call me at 781 -\_ - \_ \_ as I welcome hearing from you by phone (or better yet, in person)."